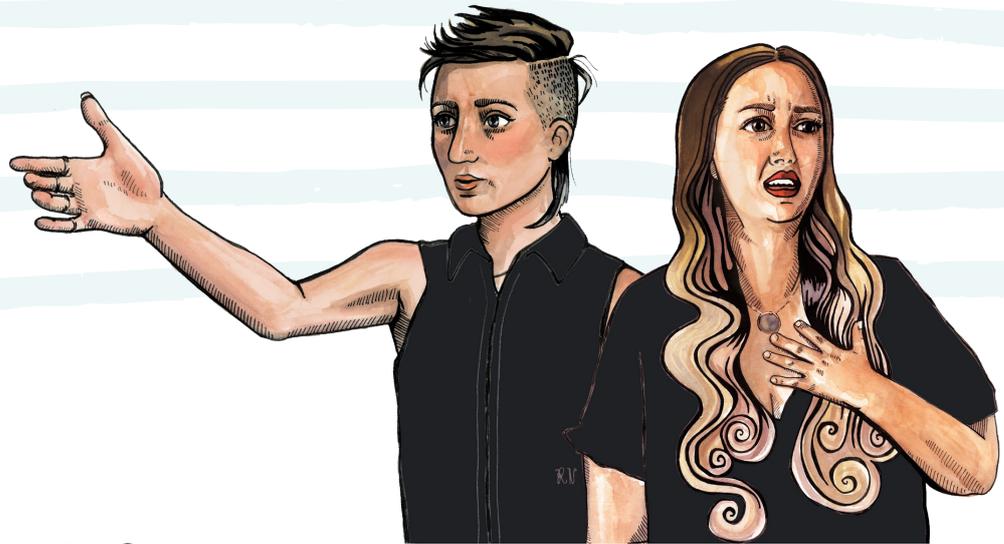


# HOW WE SURVIVE

SPOKEN WORD POETRY PERFORMANCES AND WORKSHOPS WITH  
CARRIE RUDZINSKI AND OLIVIA HALL

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## Performance Information

*How We Survive* is a poetry collective made up of internationally acclaimed poets Carrie Rudzinski and Olivia Hall. We have toured extensively across Aotearoa, performing for and teaching students in high schools from South Auckland to Greymouth to Dunedin. We believe poets are writers who reflect back honest, real human experiences in the world. We also believe poetry should feel alive and relatable: encouraging the audience to interact and feel while listening. We provide age-appropriate performances for intervals between 45-60 minutes. These engaging and powerful performances bring important and relatable topics to your school, sparking conversation and discussion among students.

## Workshop Information

*How We Survive* provides 45-60 minute creative writing workshops in classrooms for high school students. These workshops include two poetry writing exercises that provide students with the opportunity to explore their identity and emotions while utilising key writing tools like imagery, the five senses, metaphors, and concrete significant details. Depending on the class and length of the workshop, we also provide performance tips and tricks to help students gain confidence in their voices and future public speaking. We will provide a safe space for students to share any created work at the end of the workshop.

Workshops are limited to 35 students. Longer workshops can be arranged.

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*“The show was very effective, it kept my interest the whole time. At times I even welled up or got chills down my back, it was that powerful... Hearing these important messages from two women who can be described as role models was an important thing I’m glad I got to witness.”*

**- Student at Massey University**



## Pricing

Performance - \$350 per session

Workshop - \$200 per session

If no performance is booked, then two workshops must be booked. If these prices are not within your budget, please do reach out to discuss potential discounts.

## Books

**How We Survive** - \$25

Published in 2019, *How We Survive* is our first collection of work together. This book includes both solo and multi-voiced poems, exploring Hermione as a feminist role model, the passion teen girls have for the things they love, and the infamous Brock Turner assault case.

**Hysterical** - \$25

Our newest collection, forthcoming in 2022, *Hysterical* examines the ways in which women's emotions are undermined and undervalued and the importance of everyone in our society embracing their feelings.

Please note these books contain sensitive content and language. If you would like to purchase for your classes or libraries, please confirm how many copies of each book you would like to buy. We will also have copies available for purchase when visiting schools.

## Contact Details

Let us know if you have any questions or would like to discuss a booking. You can reach us via email at [howwesurvivepoetryshow@gmail.com](mailto:howwesurvivepoetryshow@gmail.com) and Carrie can be contacted by phone on 022 388 9423.



*How We Survive showcases the skill and passion of both poets, with pieces that are powerfully and poetically written while still being accessible. Many of the poems are confronting, but so are many of the issues that women face in society, which makes the messages Rudzinski and Hall have for our young women - and our young men - both urgent and important.*

**- Isaac Thomas, English Teacher at McAuley High School**